

Best Practices Sharing

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Class Used In Foods One

Please take a few minutes to write about a "Best Practice" that you use in your classroom. This can be a mini-lesson used to do Team Building, an introduction to a unit that grabs their attention, an anecdote that clarifies a concept etc. No need to make photo-copies or to bring extra handouts—unless you really want to. Just write below.

When I introduce nutrition I have the students do a blind taste test of healthy vs. unhealthy foods to see what they find more flavorful and visually appealing.